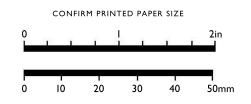


DETERMINING YOUR RING SIZE

PLEASE READ ALL INSTRUCTIONS CAREFULLY. MEASUREMENT RESULTS MAY NOT BE ACCURATE IF NOT DONE TO SCALE.



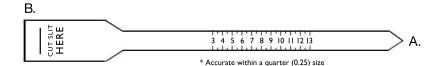
BEFORE YOU PRINT: Please make sure that page scaling is set to "None" in the print dialog box. (If your page scaling is measured by percentage, please make sure this percentage is set to 100%)

Please measure the bar on the left to ensure that it is exactly 2 inches or 50mm long.

If this measurement is NOT ACCURATE, double check that you are printing the page at the FULL size and REPRINT before proceeding with finger measurement.

METHOD I: MEASURE FINGER WITH PAPER CUT-OUT SIZER

- 1. Carefully cut along the outline of the paper ring sizer. Make a small cut on the line at the B end of the sizer.
- 2. Wrap the ring sizer around the finger to be sized, make sure the numbers are facing out.
- 3. Slide the pointed end of the ring sizer through the cut slit.
- 4. Move the sizer to the largest part of the finger (most often the knuckle)
- 5. Pull tightly. The ring sizer must fit snugly in order to create an accurate result. See FIGURE 1.
- 6. The number (or line) that lines up with the slit will be the size that most accurately fits your finger.



TIPS TO ENSURE AN ACCURATE SIZE

- * Avoid measuring cold fingers. This is when your fingers are at their smallest.
- . Measure your finger at the end of the day when it is at its largest.

FIGURE 1: Tightening the ring sizer A. B.

RING SIZE TO MM (circumference)

Size 3.0	44.0mm	Size 8.5	58.4mm
Size 3.5	45.2mm	Size 9.0	59.7mm
Size 4.0	46.5mm	Size 9.5	60.9mm
Size 4.5	47.8mm	Size 10.0	62.2mm
Size 5.0	49.0mm	Size 10.5	63.5mm
Size 5.5	50.3mm	Size 11.0	64.7mm
Size 6.0	51.7mm	Size 11.5	66.0mm
Size 6.5	53.1 mm	Size 12.0	67.2mm
Size 7.0	54.3mm	Size 12.5	68.5mm
Size 7.5	55.6mm	Size 13.0	69.7mm
Size 8.0	57.2mm	Size 13.5	71.0mm

METHOD 2: MEASURE AN EXISTING RING

- 1. Select a ring that properly fits the finger you intend to size. The "ring finger" is the finger between your middle and pinky fingers.

 Traditionally in the U.S., engagement and wedding rings are worn on the ring finger of the left hand.
- 2. Place the ring over the circles below, make sure to match the INSIDE edge of the ring to the circle nearest in size.

 This type of measuring measures the diameter of the ring.

